# Selecting a topic for research

#### ARJUMAND WARSY DEPARTMENT OF BIOCHEMISTRY

<u>ASWARSY@KSU.EDU.SA</u>

#### Research

- Search for knowledge.
- Search for answers.
- Research may be defined as:
  - systematic collection,
  - analysis (using scientific methods) and
  - *interpretation of data* to answer a certain question or solve a problem

When conducting research, it is crucial to follow scientific steps to obtain meaningful answers

#### Steps when conducting Scientific Research



#### What is a Research Topic? A Problem to be investigated

- A problem to be investigated,
- A question to be answered.
- A situation that needs to be changed or addressed.
- These problems consist of:
  - Areas of concern
  - Conditions to be improved
  - Difficulties to be eliminated
  - Questions seeking answers

## Selection of Research Topic (Problem)

- Webster's 7<sup>th</sup> New Collegiate Dictionary defines research problem as:
- 1. A question raised for inquiry, consideration or solution
- 2. An intricate unsettled question
- In educational research, the research problem is typically posed as a question.
- What do we do with a questions (topics)?
  - Ignore them
  - Talk about them

Try to solve them----Research



#### **Selection of Research topic**

- Based on:
  - researcher's:
    - Specialty and subspeciality [e.g: Biochemistry, Enzymology; Botany, Zoology; Mathematics; Pharmacology; Nutrition; Pediatrics etc]
    - Interest
    - Scientific background
    - Experience
  - Availability of experienced supervisors in the area
  - Need for research in this area
  - Available resources [interest of funding body]

#### **Research question?**

The investigator must make sure that:

- There is a research question
- The question is clear and specific
- It reflects the objectives of the study
- It has no answer by common sense
- It has no answer in the LITERATURE
- Finding an answer to the question will solve or at least help in solving the problem to be studied.

You can only look for answers when you have a question.

### What to consider when Selecting a Research Problem?



#### How does one find topics to research?

- Become a scholar in an area of specialization
- Read, listen, discuss and think critically
- Follow up on ideas that stem from present research
- Explore areas of dissatisfaction



## Researcher should be interest in the topic!

- It is always easy to work on any thing if one likes the topic and has a personal interest in finding the answers.
- Research may mean long working hours, experimental failures, unexpected results; unless one are interested, one will not be able to work enough to get meaningful results and will not enjoy the work.





#### Importance of the research topic?

- Is the topic important?
- Will it provide beneficial answers?
- Will it benefit the patients, community, health care system, agriculture, animal kingdom, etc?
- Will it be able to provide financial benefit?
- Will it be able to provide answers or equipments, drugs, treatment methods, etc that may become a patent (copyright, exclusive right, official document).
- Will it help in achieving knowledge based economy?

#### "How patents helped innovation?"

- Patents helped scientists protect their innovative ideas
  - Patents provide incentive for innovation
  - Patents help innovation reach the common man
  - Patents help scientists build on existing innovation







#### Everyone who deals with science must know about patents and its procedures, be it a researcher, a scientist or a professor.



#### Triple helix model of Knowledgebased economy



Education and the Knowledge-Based Economy in Europe

Tel Arrest, Renar Straight



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#### **Priority of the Research Topic**

- The characteristics of the problem (topic):
  - Impact on health:
    - Magnitude
    - Seriousness
    - Preventability
    - Curability
    - New drugs, their side effects; sensitivity;
  - Available interventions
  - Proposed solutions

#### e.g.H1N1





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#### Is the study feasible?

- Available Time. How long do we have?
  - Do you really want to do a longitudinal study that will take 3 years to complete for a MS thesis?
- How *difficult* is it? Are data available?
- How much will it cost?
- Are the equipments available?
- Are there sufficient subjects for the study?
- Is there an <u>expert who can guide</u> in this research?





### Try to be guided by an expert in the field-if possible

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#### Is it ethical to study?

- Make sure the topic is *ethical* to study— No harm to anyone during the research.
- e.g. not ethical:
  - What is the effect of electric shock on our body?
  - What will happen if we eat cyanide?
  - What is the effect of starvation on the blood parameters in a baby?
  - What will happen if we don't treat a person suffering from cancer?



### All research on humans require ethical approval

- Make sure there your topic will be able to obtain ethical approval from the ethical committee.
- Discuss with a committee member before starting to work on the research proposal.

#### Is the topic new?

- A new topic is more interesting to work on.
- New topics can be published more easily if the work is well done.
- However there is some value in repeating previous research.
- Some previous results have to be confirmed.



### Is the question you are trying to answer clear?

- One should be absolutely sure what one is looking for and what questions need to be answered.
- If the question is not clear, what will be the answer
- Make sure the research question is *clear*.





### Try not to select a research topic just for the sake of research

 Try not to do research just for the sake of research, but do research which will provide beneficial answers.





#### **Collaborative research-Benefits**



### After selection of the topic: Write Clear Questions

- Don't use words open to interpretation
- Be very specific
- It is measurable



## Steps in "Zeroing In" on a Problem



- Identify a broad area that interests you
- Read the literature
- Narrow the area to 2 or 3 topics
- Thoroughly examine the literature on the 2-3 topics
- Select a single problem from 2-3 topics



#### **Refining the Topic**

- The topic has to be "clarified"!
  - The topic needs to reworded so that it states clearly and unambiguously the matter to be investigated, the variables to be investigated, and participants, if any, that will be involved.



### **Refining the Topic**



- A series of research questions or one or more hypotheses, or both, should be stated.
- Such questions and hypotheses orient the study, add cohesiveness, and are essential in helping solve the problem.

### Learn more about the research topic



#### "Literature Review"

- For any research, survey of the literature is essential to determine what has been done, what needs to be done, what is already known, what questions need to be answered.
- "...a literature review is a survey process.
  Where scientific articles, books, medical journals, dissertations and other sources relevant to a particular issue, area of research, or theory, provide a description, summary, and critical evaluation of each work."

